Hiking for a Healthy Heart Pre/Post Survey Answer Key

	Not	Sort of	Very	– no right answer			
4.	I feelready to learn.						
	Wrist	Hand	k	Neck			
3.	Which is not a good place to take your pulse?						
	Increases	Decr	eases	Stays the same			
2.	When you exercise, your heartrate						
	Brain	Heart	Hand	d			
1.	Which of these organs is part of your cardiovascular system?						

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Hiking for a Healthy Heart Pre/Post Survey

Participant Numbe	<u>r:</u>	•	Pre or Post					
1. Which of t	hese organs i	s part of y	our cardiovascular system	ı?				
Brain	Heart	На	nd					
2. When you	exercise, you	ır heartrate	e					
Increases	Decrea	ases	Stays the same					
3. Which is r	3. Which is not a good place to take your pulse?							
Wrist	Hand		Neck					
4. I feel_	ready to	o learn.						
Not	Sort of	Very	– no right answer					