Benefits of Connecting with Nature Unit Pre/Post Survey Answer Key

1.	What are two ways to relax?						
	Take a walk ou	utside Ima	agine a peaceful place	Argue with a friend			
2.	My surrounding Emotions	s can affect my Stomach	 Skills				
3.	An emotion tha Jubilant	t means afraid o Anxious	or nervous is Confident				
4.	An emotion tha Proud	t means peacef Ecstatic	ul and relaxed is Calm				
5.	A synonym for Ashamed	thankful is Grateful	 Disgusted				
6.	l feelS	ready to le	earn. Very – no right answ e	er			

Benefits of Connecting with Nature Unit Pre/Post Survey

<u>Partio</u>	cipant Number:			Pre or Post		
1.	What are two ways	to relax?				
	•		eaceful place	Argue with a friend		
2.	My surroundings can affect my					
	Emotions	Stomach		Skills		
3.	An emotion that means afraid or nervous is					
	Jubilant	Anxious		Confident		
4.	An emotion that means peaceful and relaxed is					
	Proud	Ecstatic	Calm			
5.	. A synonym for thankful is					
	Ashamed	Grateful		Disgusted		
6.	I feel	_ ready to learn.				
	Not	Sort of	Very			